



OUR LADY OF LOURDES CATHOLIC SCHOOL ATHLETIC PROGRAM

Our Lady of Lourdes Catholic School (OLOL) Athletics is a Parish/School organization. Religion Education students are invited and encouraged to participate. However, league rules have two requirements for Religion Education students: 1) The athlete must remain in good standing in either parish Religion Education Program, and 2) The athlete is not allowed to participate in an organized public school league of any kind (including organized intra-mural) AT THE SAME TIME that they are participating in a parish sport.

OLOL has a “no cut, everyone participates” policy. However, registrations will NOT be accepted from athletes who have not previously returned their uniform and/or equipment. All sports are open to boys & girls with the exception of volleyball. The following sport is offered:

TRACK & FIELD: Grades 5 – 8. This spring season sport goes from the end of March up to middle of May. All students compete against each other, although, the girls run against girls and the boys against boys. Meets are held after school at several different sites. Practices are held every day after school. The program provides athletes a fun and exciting opportunity to engage in skill-work, continuous action while learning lessons in teamwork. It is designed to educate athletes about track & field in a safe and fun environment while emphasizing participation and sportsmanship. Participants learn skills and lessons that help them succeed both on and off the field. It's all about fun! Our programs are developed around making sure each participant and family is having fun regardless of skill level or experience.