



## OUR LADY OF LOURDES CATHOLIC SCHOOL ATHLETIC PROGRAM

Our Lady of Lourdes Catholic School (OLOL) Athletics is a Parish/School organization. Religion Education students are invited and encouraged to participate. However, league rules have two requirements for Religion Education students: 1) The athlete must remain in good standing in either parish Religion Education Program, and 2) The athlete is not allowed to participate in an organized public school league of any kind (including organized intra-mural) AT THE SAME TIME that they are participating in a parish sport.

OLOL has a “no cut, everyone participates” policy. However, registrations will NOT be accepted from athletes who have not previously returned their uniform and/or equipment. All sports are open to boys & girls with the exception of volleyball. The following sport is offered:

**GIRL’S VOLLEYBALL:** Girls Grades 5 - 8. The season begins in August (before school starts) and ends in October. There are one or two games a week with some possible practice times. Games are usually on Mondays, Tuesdays & Thursdays. A tournament is offered one weekend in October. The program provides players a fun and exciting opportunity to engage in skill-work, continuous action while learning lessons in teamwork. It is designed to educate athletes about volleyball in a safe and fun environment while emphasizing participation and sportsmanship. Participants learn skills and lessons that help them succeed both on and off the court. It’s all about fun! Our programs are developed around making sure each participant and family is having fun regardless of skill level or experience.